



BARRA'S (SANDWICHES)



HAM & CHEESE	6.75
<i>HAM, CHEESE, LETTUCE, CUCUMBER, EGG, TOMATOES</i>	
MORTADELLA & BURRATA	7.00
<i>PESTO, MORTADELLA, BURRATA, PISTACHIO, LETTUCE</i>	
CHORIZO, MANCHEGO & SERRANO	7.75
<i>TOMATO SPREAD, LETTUCE, TOMATOES, CHORIZO, MANCHEGO, SERRANO</i>	
SERRANO PARMESAN	7.00
<i>TOMATO SPREAD, TOMATOES, LETTUCE, SERRANO, PARMESAN</i>	
BACON-LETTUCE-TOMATO-CHICKEN	7.25
<i>TOMATO SPREAD, LETTUCE, TOMATOES, BACON, CHICKEN BREAST</i>	
BACON-LETTUCE-TOMATO	6.25
<i>TOMATO SPREAD, LETTUCE, TOMATOES, BACON</i>	
SMOKED SALMON	6.95
<i>LETTUCE, TOMATOES, CUCUMBER, EGG, ONIONS, LEMON JUICE</i>	
HOME MADE CHICKEN CURRY	6.00
<i>LETTUCE, CUCUMBER, TOMATOES</i>	
HOME MADE TUNA SALAD	6.00
<i>LETTUCE, CUCUMBER, EGG, TOMATOES, ONIONS</i>	
VEGETARIAN	7.25
<i>LETTUCE, PESTO, MOZZARELLA, CUCUMBER, ONIONS, AVOCADO SUN-DRIED TOMATOES, BELL PEPPERS, OLIVES, EDAMAME BEANS</i>	
VEGAN	7.00
<i>HOME MADE HUMMUS, CUCUMBER, TOMATOES, RED ONIONS, SPINACH EDAMAME BEANS, SUN-DRIED TOMATOES, BELL PEPPERS, OLIVES, AVOCADO,</i>	
AVOCADO HUMMUS	6.75
<i>HOME MADE HUMMUS, AVOCADO, CUCUMBER, TOMATOES, EDAMAME BEANS, LETTUCE</i>	

GRILLED SANDWICHES



HAM & CHEESE	4.50
<i>HAM & CHEESE</i>	
SPINACH, AVOCADO & CHEESE	4.85
<i>SPINACH, AVOCADO, CHEESE, OLIVE OIL, CRUSHED PEPPER, SALT</i>	
SPINACH, AVOCADO, BACON & CHEESE	5.35
<i>SPINACH, AVOCADO, CHEESE, BACON, OLIVE OIL, CRUSHED PEPPER, SALT</i>	
MORTADELLA, BURRATA	5.50
<i>PESTO, MORTADELLA, BURRATA, PISTACHIO</i>	

PANINI



CHICKEN	6.95
<i>PESTO, MOZZARELLA, CHICKEN, SUN-DRIED TOMATOES, ONIONS, LETTUCE</i>	
SERRANO	6.75
<i>PESTO, MOZZARELLA, SERRANO, SUN-DRIED TOMATOES, LETTUCE</i>	
CHORIZO & BACON	7.75
<i>TOMATO SPREAD, LETTUCE, TOMATOES, CHORIZO, MANCHEGO, SERRANO</i>	
TUNA MELT	7.00
<i>PESTO, TUNA, CHEESE, ONIONS, SUN-DRIED TOMATOES, LETTUCE</i>	
CAPRESE	6.50
<i>PESTO, TOMATOES, MOZZARELLA, LETTUCE</i>	
VEGETARIAN	7.50
<i>PESTO, MOZZARELLA, SUN-DRIED TOMATOES, BELL PEPPERS, ONIONS, OLIVES, AVOCADO, EDAMAME BEANS, LETTUCE</i>	
HAM & CHEESE	6.85
<i>PESTO, HAM, CHEESE, SUN-DRIED TOMATOES, ONIONS, LETTUCE</i>	

WRAPS



CHICKEN & AVOCADO	7.65
<i>PESTO, MOZZARELLA, CHICKEN, AVOCADO, SUN-DRIED TOMATOES, ONIONS, LETTUCE</i>	
SCRAMBLED EGG, BACON & AVOCADO	7.75
<i>SCRAMBLED EGG, BACON, AVOCADO, CHEESE, TOMATOES, LETTUCE</i>	
SMOKED SALMON & AVOCADO	7.85
<i>ONIONS, SUN-DRIED TOMATOES, LEMON JUICE, EDAMAME BEANS, SPINACH, AVOCADO</i>	
VEGETARIAN	7.50
<i>LETTUCE, PESTO, MOZZARELLA, ONIONS, BELL PEPPERS SUN-DRIED TOMATOES, OLIVES, EDAMAME BEANS</i>	

BAGELS



JUST CREAM CHEESE	4.75
<i>OLIVE OIL, CRUSHED PEPPER, SALT</i>	
SMOKED SALMON CREAM CHEESE	6.50
<i>CREAM CHEESE, SMOKED SALMON, TOMATOES, CUCUMBER, EGG, ONIONS, LEMON JUICE, LETTUCE</i>	
BRIE & BACON	6.50
<i>BRIE, BACON, SUN-DRIED TOMATOES, HONEY, WALNUTS, LETTUCE</i>	
GOAT CHEESE	7.50
<i>GOAT CHEESE, SUN-DRIED TOMATOES, HONEY, WALNUTS, LETTUCE</i>	

TOPPINGS



AVOCADO	1.00
MOZZARELLA	0,50
CHEESE	0,50
BACON	1,00
CHICKEN	1,50
SUN-DRIED TOMATOES	1.00

SALADS



CHICKEN AVOCADO	10.75
<i>CHICKEN, AVOCADO, HOMEMADE VINAIGRETTE, TOMATOES, CUCUMBER, EGG, ONIONS, EDAMAME BEANS, SUN-DRIED TOMATOES, RED ONIONS, BELL PEPPERS, OLIVES</i>	
SMOKED SALMON	11.00
<i>SMOKED SALMON, HOMEMADE VINAIGRETTE, TOMATOES, CUCUMBER, EGG, ONIONS, EDAMAME BEANS, SUN-DRIED TOMATOES, RED ONIONS, BELL PEPPERS, OLIVES</i>	
VEGETARIAN WITH MOZZARELLA	9.75
<i>MOZZARELLA, HOMEMADE VINAIGRETTE, TOMATOES, CUCUMBER, EGG, ONIONS, EDAMAME BEANS, SUN-DRIED TOMATOES, RED ONIONS, BELL PEPPERS, OLIVES</i>	
VEGAN WITH HUMUS	9.50
<i>HOMEMADE HUMUS, HOMEMADE VINAIGRETTE, TOMATOES, CUCUMBER, RED ONIONS, EDAMAME BEANS, SUN-DRIED TOMATOES, RED ONIONS, BELL PEPPERS, OLIVES</i>	
TUNA	10.50
<i>TUNA, HOMEMADE VINAIGRETTE, TOMATOES, CUCUMBER, EGG, ONIONS, EDAMAME BEANS, SUN-DRIED TOMATOES, RED ONIONS, BELL PEPPERS, OLIVES</i>	
SERRANO & PARMESAN	10.65
<i>SERRANO, PARMESAN HOMEMADE VINAIGRETTE, TOMATOES, CUCUMBER, EGG, ONIONS, EDAMAME BEANS, SUN-DRIED TOMATOES,, OLIVES, BELL PEPPERS</i>	
GOAT CHEESE	10.50
<i>GOAT CHEESE, HONEY, WALNUTS , HOMEMADE VINAIGRETTE, TOMATOES, CUCUMBER, EGG, ONIONS, EDAMAME BEANS, SUN-DRIED TOMATOES,, OLIVES, BELL PEPPERS</i>	

JUICES



FRESH PRESSED ORANGE JUICE	4.35
SMOOTHIE BLUEBERRY	5.35
SMOOTHIE STRAWBERRY & RASPBERRY	5.35
SMOOTHIE MANGO & PINEAPPLE	5.35
SMOOTHIE SPINACH, MANGO, BANANA, & PINEAPPLE	5.35

MILKSHAKES



VANILLA	5.50
STRAWBERRY	5.50
CHOCOLATE	5.75
BANANA	5.25

COFFEE



ESPRESSO	2.50
DOPPIO	3.00
MACHIATTO	2.80
LUNGO	2.60
AMERICANO	2.80
CAFE LATTE	3.00
CAPPUCCINO	3.25
LATTE MACHIATTO	3.50
CHAI LATTE	3.50
ICED LATTE	4.25
ICED AMERICANO	4.00
AFFOGATO	3.50

SYRUPS



VANILLA	0.50
CARAMEL	0.50
ALMOND	0.50
HAZELNUT	0.50

MILK



REGULAR MILK	-
OAT	0.50
SOYA	0.50